**PRESS RELEASE TEMPLATE**

**AUTHOR NOTE: Fill in/edit RED sections and blanks.**

**FOR IMMEDIATE RELEASE**

**Local Author Shares Story in a New Amazon Best Selling Book, titled *WOKE***

February 2020 – The new transformational book, *WOKE ~ A-ha’s, Awakenings, & Illuminations on the Path of Conscious Living & Enlightenment* marks <<Author Name with ’s>> debut as a best selling published author. This powerful new anthology book by Powerful You! Publishing ($20US/$27CAN), ISBN 978-1-7328128-7-1) is a collection of stories by individuals from various backgrounds and experiences.

***WOKE***contains stories of twenty entrepreneurs, coaches, and practitioners who have transformed their lives by ‘getting real’ with themselves and making conscious shifts to live their truth. Although each of their lives and stories is different, the common thread is their awakened mindset, open heart, and clear purpose to help others live awakened and fulfilled lives too. Each has reshaped their life—and often, through their example, the lives of those around them—into one they are grateful and happy to live and share. It is the intention of the co-authors that these stories help readers find their own strength, meaning, purpose, and awakening.

<<Author Name with ’s>> shares the story of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. It will provide readers with <<hope, encouragement, a path, insights, lessons>> << for / to >> \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

All stories are intended to assist and provide hope, direction, and inspiration for individuals who may be living inauthentically or unhappily and are looking to make some changes to feel more aligned, empowered, confident, and peaceful. The transformation these authors have experienced does not mean that things are always easy for them now, but instead that they have found a way to access more honest responses to difficult situations and emotions.

“These authors willingly opened their hearts to provide truthful and healing accounts of their journeys through some pretty touching and sometimes tough circumstances. They are strong individuals who fully deserve the peace of mind, ease, and freedom they now enjoy.” says Sue Urda, co-founder of Powerful You! Publishing.

This book celebrates the wisdom and spirit of humanity around the globe. It is compiled by Sue Urda and Kathy Fyler, Co-Founders of Powerful You! Inc., a connections and empowerment company designed for business, personal, and spiritual growth.

<<Author Name>> is the owner/proprietor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (your company name) where she provides \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. She is available for consultations and healing sessions at: \_\_\_\_\_\_\_\_\_\_\_ (website and/or phone).

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*MEDIA: For a review copy and interviews, please contact Kathy at 239-280-0111*

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